

PURSUIT

MUAY THAI - STRENGTH - CONDITIONING

PURSUIT - HOME OF BFT

08 9276 8166

www.pursuitmuaythai.com

9/222 Walter Road, Morley, WA

BAILEY
FIGHT TEAM

CLASS TIMETABLE

MORLEY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All Levels 9:15 AM – 10:15 AM	Mini Muay Thai 4:30 PM – 5:15 PM	Foundations 9:15 AM – 10:15 AM	Mini Muay Thai 4:30 PM – 5:15 PM	All Levels 9:15 AM – 10:15 AM	Intermediate to Advanced 9:00 AM – 10:30 AM
Mini Muay Thai 4:30 PM – 5:15 PM	Fight Team 5:30 PM – 7:00 PM	Fight Team 5:30 PM – 7:00 PM	Fight Team 5:30 PM – 7:00 PM	Foundations 5:30 PM – 6:30 PM	
Fight Team 5:30 PM – 7:00 PM	Intermediate to Advanced 6:30 PM – 8:00 PM	All Levels 6:30 PM – 8:00 PM	All Levels 6:30 PM – 8:00 PM		
Foundations 6:30 PM – 8:00 PM					

Muay Thai Foundations for Beginners

If you are new to Muay Thai, not a problem - join in our Foundations class to learn the basic skills and techniques before you move into the Intermediate Class.

Mini Muay Thai 5-9 years of age

For kids who're keen to learn but too young to join the big leagues, this class will teach 4-9 year old's confidence and self-discipline and start them on their journey for the love of Muay Thai.

Muay Thai Intermediate to Advanced

Once you have mastered the basic Muay Thai techniques in the Foundations class you will be ready to take your training to the next level and join in this class.

Junior Muay Thai 10+ years of age

A class that teaches 10+ year olds confidence and self-discipline practising Muay Thai: one of the world's most well respected forms of martial arts. They will become fit, build strength and increase their skill level for when they're ready to step up to the next level.

Muay Thai All Levels

This class suits all fitness and skill levels. This is the ultimate workout. Muay Thai not only builds physical fitness, it toughens your mind as well, instilling confidence, discipline and self-esteem and cultivating qualities such as courage, humility and the warrior spirit.